

Leadership Coaching – One On One

What is it?

Targeted development for experienced or new leaders. Coaching is provided by leadership development professionals and is tailored to individual and organisation needs. Because coaching is conducted over several sessions it results in sustained improvement and behaviour change.

We often focus on core principles such as self-awareness, authenticity and accountability. Leadership Coaching is an investment in your leadership and your organisation.

Who is it for?

Existing leaders with the potential and willingness to grow their capability. It is a significant investment in people considered existing or future leaders of your organisation. Importantly, it is not remedial and for those considered to be under-performing.

How is it run?

We offer 3 programs:

1 10 Hours Coaching conducted for up to 6 months.
Includes engagement with sponsor.

2 Maintenance Program. Monthly or bi-monthly sessions of 90 minutes for an agreed period.

3 With Communicating With Impact. This program incorporates one or two sessions with an actor to focus on presence, confidence and communication effectiveness.

Why invest?

In leadership coaching, it is critical to align outcomes to both the needs of the organisation and the individual client. Typical outcomes:

- Leader has made more sense of 360 and other feedback and is able to put in place and implement a plan to improve as a leader.
- Improved level of self awareness and understanding of the impact his or her behaviours has on others
- Better able to play to strengths
- Improved capacity to self reflect and therefore ability to sustain the learning process without the need for a coach.
- More informed about choices available
- Leadership that is more engaging, influential and authentic

For more information

Simply call Colin Beattie on **0407 688 510** or visit **www.somersaultconsulting.com.au**



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and outside
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