

Effective Conversations

What is it?

Guts and Curiosity is a highly engaging one-day workshop that teaches the powerful techniques associated with conducting effective conversations.

Leaders who are both gutsy and curious in their conversations deliver better outcomes and sustain effective relationships. They have the guts to challenge and the curiosity to really listen.

The program is customised to the needs of your organisation. It builds confidence and competence for those attending by focusing on both the mindsets of effective conversation and the core skills of listening, questioning, feedback and asserting a message.

Who is it for?

The program works best for people who want to take their conversations to a more advanced level and further develop leadership skills. Although it assumes basic communication principles are in place, the level of complexity can be tailored accordingly.

The program can be customised for either current leaders or team members. It can be run for intact teams or for cross functional groups. The program is most effective for groups between 8 and 14.

How is it run?

The program is highly interactive and requires participants to bring typical conversation challenges to the learning experience. It uses a mix of practice, theory and creative learning techniques.

To ensure the learning "sticks", we highly recommend some form of follow up which can be managed in-house or with our assistance. To enhance the program, we can engage actors to assist in key practice and feedback.

Why invest?

Conversations are the "life-blood" of an organisation and reflect its culture. This program generates immediate returns for organisations and for the people who attend.

Participants will both address immediate conversation challenges and equip themselves with the skills and techniques required for more sustained success. Having both guts and curiosity makes a difference.

For more information

Simply call Colin Beattie on **0407 688 510** or visit **www.somersaultconsulting.com.au**



Changes mindsets and develops skill.

Better outcomes and improved relationships.

Have more impact in your conversations.