

## Experience

I work with leaders and teams to maximise their performance through leadership coaching, team coaching, skill development facilitation and group facilitation.

My focus is on supporting and challenging leaders and teams to have the conversations that achieve business outcomes, build relationships and develop people.

As well as being an experienced facilitator and coach, I have 20 years experience in organisations in a range of management, business development and marketing roles. This helps me to ensure that my work is relevant and practical.

I have a Bachelor of Economics, a Diploma of Ontological Coaching and I am accredited in LSI and Myers Briggs Type Indicator.



## Typical Recent Assignments

- Facilitated a coaching and leadership program for 80 managers of a State Government Department.
- Co-designed and co-facilitated a leadership program, with a focus on having effective conversations, for a State Government Department. This was a central program of the Department's cultural change initiative.
- Keynote speaker/facilitator on business development and leadership at a national law firm's annual conference
- Coaching managers, partners in law firms and a range of other leaders on issues including; building high performing teams; being more influential at senior levels; delegating and giving feedback.
- Providing coaching support for managers undertaking leadership programs to support them apply their learning.

## I'm known for:

I'm known for being approachable, knowledgeable and engaging.

I have the skills and knowledge to support people to deal with their immediate challenges and to be more resourceful and adaptable in dealing with future ones.

*"I am a huge believer in the importance of high trust relationships. I also believe that having the courage and curiosity to critically self-reflect and have a range of conversations is critical for leaders and teams to be commercially successful and satisfied in what they do."*